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ESOPHAGOGASTRODUODENOSCOPY (EGD)

Appointment Date: _____
Arrival Time: _____
Place of Service: _____

What is an EGD?

The purpose of an EGD is to look for inflammation, blockages, ulcers, or tumors of the upper gastrointestinal tract. During the exam, a lighting tube will be inserted through the mouth, esophagus, stomach and the beginning of your small intestine. The exam will take approximately 20 to 45 minutes.

Important Points:

1. You **must** have a driver to take you home. You will be given sedation which will make you unable to drive yourself.
2. Please make sure you inform us of any drug allergies, or if you have an artificial heart valve, Mitral Valve Prolapse, or joint replacements.
3. **Stop taking any Aspirin, Ibuprofen, Aleve or Advil 5 days prior to your procedure. (Tylenol is ok). **If you are taking any blood thinning medication (Coumadin, Aspirin, or Trental), it must be stopped 5 days prior to your procedure. Note that there is possible risk for stroke while one is off of Coumadin, or other blood thinning medication, so please contact your prescribing doctor for further instructions before stopping these medications.**
4. If you are an insulin-dependent diabetic, please consult with your primary care doctor endocrinologist about insulin dosage during preparation periods and the day of the exam.
5. **Your stomach must be completely empty. You must stop all clear liquids at MIDNIGHT. (Except for medications discussed with your doctor.)**

Blood Transfusions

Any persistent bleeding may require blood transfusion, which could result in the transmission of infectious agents. Although remote, this small risk is present. New blood testing procedures eliminate virtually all the risk. However, patients may consider having the procedure delayed long enough to have a unit of their own blood held in reserve, if needed.

If you have any questions or need to reschedule your appointment, please call our office at (949) 364-2536. If you need to cancel your procedure, please call both the office, and the facility where procedure is to be performed **at least 72 hours** (3 business days) ahead of time to avoid any cancellation fees.

****The doctor will speak to you before and after procedure, however, due to sedation given, any results given at procedure time may not be remembered or could be misunderstood.** You will be given a written report of findings, and if pathology is obtained, you will be notified of results within 2 weeks.